

2024年7月18日～7月24日

2024年6月10日現在の最新情報でご案内しております。

| メニュー日 | 食事区分 | ボケットコード | 商品名 | 小麦 | 乳成分 | 卵 | 落花生 | そば | えび | かに | くるみ | あわび | いか | いくら | オレンジ | ※かつお節 | 牛肉 | さけ | さば | 大豆 | 鶏肉 | 豚肉 | まいたけ | やまいも | もも | りんご | ゼラチン | バナナ | ごま | カシューナッツ | アーモンド | | | | | |
|--------|------|------------|-----------------|----|-----|---|-----|----|----|----|-----|-----|----|-----|------|-------|----|----|----|----|----|----|------|------|----|-----|------|-----|----|---------|-------|--|--|--|--|--|
| 18日(木) | 昼 | A 2110001 | ミルフィーユカツ | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | | |
| | | A2 1010180 | ほうれん草コーンバター | ● | ● | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1850028 | かぶの湯葉あんかけ | ● | | | | | | | | | | | | ● | | | | | ● | ● | | | | | | | | | | | | | | |
| | | C 1010175 | ささげのお浸し | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1645009 | 刻みたくあん | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | E 1015097 | 若布と干し海老の当座煮 | ● | | | | | ● | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 1835005 | フライソース | ● | | | | | | | | | | | | | | | | | ● | ● | | | | ● | | | | | | | | | | |
| | | A 2075019 | Fあじみりん焼き | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A2 2495002 | 人参煮 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1010176 | ふきと油揚げの田舎煮 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| 19日(金) | 昼 | C 2580012 | マカロニサラダ | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | | |
| | | D 1645003 | 広島菜漬け | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 2105019 | うずら豆 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 1120114 | 塩だれチキン | ● | | ● | | | | | | | | | | ● | | | | | ● | ● | ● | | | | | | | | | | | | | |
| | | A2 2105020 | フロッコリーのお浸し | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | B 2300018 | 野菜とウィンナーの炒め物 | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | | | |
| | | C 1790013 | 玉子焼(ミルフィーユ仕立て) | ● | | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 2535004 | 塩えんどう豆 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 2535007 | ごぼうサラダ | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | ● | | | | | | | | | | | | | |
| | | A 1750069 | F牛肉のオイスターソース | ● | | | | | | | | | | | | | | | ● | | ● | ● | | | | | | | | | | | | | | |
| 20日(土) | 昼 | B 2300023 | 鶏肉と春雨の中華和え | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | | |
| | | C 6610006 | さつまいもの甘煮 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1725026 | 大根としその実の漬物 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 1855040 | わさび菜おひたし | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 1135067 | Fにしん甘辛煮 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | A2 1015098 | オクラのお浸し | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1405013 | ちんげん菜とちくわの胡麻和え | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | C 2100001 | お豆と昆布の煮物 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1645007 | 胡瓜漬け | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 6615002 | ツナマヨコーン | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| 21日(日) | 昼 | A 1160224 | F豚ロースのオニオンソース | ● | | | | | | | | | | | | | | ● | | ● | ● | | | | | | | | | | | | | | | |
| | | A2 1015121 | カラフルピクルス | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1370019 | おさかなハンバーグ | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | C 1790003 | 小松菜の和え物 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1855036 | そら豆 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | E 1790017 | かにかま入り玉子 | ● | ● | ● | | | | | | | | | | | | | ● | | ● | ● | | | | | | | | | | | | | | |
| | | A 1160091 | 牛焼肉 | ● | | | | | | | | | | | | | | | ● | | ● | ● | | | | | | | | | | | | | | |
| | | A2 1855035 | 高菜ちりめん | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1010165 | 茄子とピーマンの煮浸し | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | C 1060169 | KSミートボール(柚子おろし) | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| 22日(月) | 昼 | D 2105021 | 切り昆布煮 | ● | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | | |
| | | E 6715001 | キャベツのマリネ | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 1750101 | F炙りチキンのトマトソース | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A2 2115001 | カリフラワーの洋風煮 | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1120093 | 厚揚げのきのこあんかけ | ● | | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | C 2530011 | マカロニと果物のサラダ | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1725010 | しば漬け | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 1755014 | いんげんのピーナッツ和え | ● | | | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 1160112 | Fデミグラスソースハンバーグ | ● | ● | ● | | | | | | | | | | | | | ● | | ● | ● | | | | | | | | | | | | | | |
| | | A2 2495006 | 人参グラッセ | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| 23日(火) | 昼 | B 1850001 | さつまいもの蜜がけ | ● | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | | |
| | | C 2160004 | 焼きそば | ● | | | ● | | | ● | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 1725014 | 赤しそ大根 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 2495004 | チンゲン菜と人参のお浸し | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | A 2110002 | ヒレカツ | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | 夕 | A2 1010146 | 蓮根練り胡麻ドレッシング | ● | ● | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | B 1120099 | 冬瓜とひき肉の煮物 | ● | | ● | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | C 2100002 | 豆ひじき | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | D 2105002 | あみ佃煮 | ● | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | | | | | |
| | | E 1405034 | ツナとほうれん草の和え物 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

